

# SPRING INTO BEING: TRAUMA WORKSHOP SERIES

London Central Library - Stephenson Hunt Room 10am-4:30pm

## April 27: Working with Trauma & The Body

*Learn fundamental skills that support regulation.*

*Explore trauma through the lens of physiology!*

Workshop Fee: Professionals: \$150 Students: \$100

## May 29: Engaging with Traumatized Clients

*Explore how to recognize body cues and discover interventions rooted in physiology which support clients who struggle with trust! Trauma therapy can be fun!*

Workshop Fee: Professionals: \$150 Students: \$100

## June 19: The Self of the Therapist

*Using ourselves...our most precious resource in a session or on the front line is critical to therapeutic success. Exploring the self of the therapist is essential to our wellness and in keeping the soul in our work.*

Workshop Fee: Professionals: \$150 Students: \$100



**SAVE \$75 WHEN YOU REGISTER  
FOR ALL 3 WORKSHOPS**

For more Information: [www.patriciaberendsen.com](http://www.patriciaberendsen.com)

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